

# CORONAVIRUS

(COVID-19)

## Situational Update

Thursday, November 5, 2020

[CORONAVIRUS.DC.GOV](https://coronavirus.dc.gov)



**DC | HEALTH**  
GOVERNMENT OF THE DISTRICT OF COLUMBIA

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**MURIEL BOWSER, MAYOR**

# WHERE WE ARE TODAY

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Level of Community Spread	Daily case rate		Rate of transmission		Test positivity rate		New cases from quarantined contacts	
	12.8 (Nov 3)	7-day avg. per 100,000 pop.	1.1 (Oct 24)	Effective reproduction number ( $R(t)$ )	2.9% (Nov 1)	Percent positive from RT-PCR tests	9.1% (Nov 1)	7-day average
Health System Capacity	Percent hospital utilization		Percent COVID-19 patients		Mean test turnaround time		Diagnostic tests conducted	
	82.1% (Nov 3)	of available beds without surge	4.8% (Nov 3)	of daily hospital census, 7-day average	2.7 (Nov 3)	(days) 7-day average	5,975 (Nov 1)	7-day avg. per million pop.
Public Health System Capacity	Positive cases with contact attempt		Close contacts with contact attempt					
	100% (Nov 2)	7-day avg. attempt within 1 day	99.1% (Nov 1)	7-day avg. attempt within 2 days				
Community Engagement	Positive cases interviewed		Positive cases who provide close contacts		Mean number close contacts provided		Exposure Notification Opt-in	
	73.9% (Nov 1)	7-day avg. completed within 3 days	42.5% (Nov 1)	7-day avg.	1.1 (Nov 1)	7-day avg. mean per positive case	219,768 (Nov 3)	cumulative # of smart phones opted-in to official exposure notification system

# UPDATED TRAVEL ADVISORY

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# UPDATED TRAVEL ADVISORY

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## For visitors coming into DC:

- ✓ **Before you travel, get a test** and if you test positive, don't travel.
  - Get tested within 72 hours of traveling
- ✓ If you are a close contact of a confirmed positive case, don't travel.
- ✓ If you are visitor to DC for more than three days, **get tested within 3-5 days of arrival.**

These requirements apply to anyone traveling into Washington, DC from a jurisdiction with more than 10 cases per 100,000 people.



Traveling increases the risk of contracting COVID-19.

If you must travel, limit your activities and get tested to understand your exposure.

- **Remember:** A negative test today could be a positive test tomorrow.
- Just because a person tests negative **does not mean they will remain virus free** or that they cannot infect another person.
- Testing must be used carefully and **in conjunction with other strategies** for stopping the spread of COVID-19.

Private institutions such as universities, employers, hotels, hospitals, congregate care facilities, and houses of worship may ask visitors about their recent travel and may require a record of a negative COVID-19 test before allowing admittance to their facility.



# COMMON EXCEPTIONS

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- Visitors from Maryland and Virginia
- People coming to DC for essential work may carry out those duties prior to receiving the results of their second test in DC (as long as they do not have symptoms or were not a close contact of a positive case within the past 14 days)
- Visitors who are coming into DC for less than 24 hours
- People travelling to DC for a family emergency or a funeral do not need to obtain a negative test prior to coming if obtaining such a test would be impractical, but must restrict their activities to those related to the emergency

# REQUIREMENTS FOR DC RESIDENTS

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DC residents returning to the District after traveling to any place other Maryland, Virginia, or a low-risk state or country must either:

Limit daily activities and self-monitor for 14 days upon their return

OR

Limit daily activities until they get tested for COVID-19 (approximately 72 hours after their return) and receive a negative result

The requirement for residents to self-quarantine for 14 days or to obtain a negative test does not apply to those performing essential work, insofar as they are going to work, or for essential activities such as obtaining medical care, food or pharmaceuticals (only if the resident does not have symptoms of COVID-19 and has not been exposed to an individual diagnosed with COVID-19 in the past 14 days).

# GENERAL UPDATES AND REMINDERS

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# FLU VACCINE

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To make it even more convenient to get a flu shot, DC Health has partnered with Walgreens to provide flu vaccines at the F Street public testing site through Thanksgiving.

No registration is required, but bring your insurance card and a government issued ID.

*Walgreens*

Walgreens provides flu shots at the  
F Street testing site,  
Monday through Friday from  
9:00 a.m. to 1:00 p.m.

Individuals age 12 and up can get a flu shot at this site. The CDC recommends everyone six months or older get a flu vaccine. It is recommended that you wear a t-shirt when going to get a flu shot.

Flu shots are safe and do not cause flu illness. Learn more at [dchealth.dc.gov/flu](https://dchealth.dc.gov/flu)



# AT-HOME COVID-19 TEST KITS

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AT-HOME COVID-19 TESTS ARE AVAILABLE THROUGH LABCORP.

You can pay for a test, use your insurance, or take advantage of an option to utilize federal funds to cover the cost of the test.



Residents can find more information about how to get an at-home COVID-19 test at [coronavirus.dc.gov/testing](https://coronavirus.dc.gov/testing).



## DC Health Link open enrollment started on **Sunday, November 1.**

Residents are encouraged to sign-up for  
high-quality, affordable health insurance at  
**DCHealthLink.com**

# 2021 premiums are lower than 2020 premiums for 15 of 25 plans.

No deductibles for primary care, specialists, mental and behavioral health, urgent care, and generic Rx.

Shop Bronze, Silver, Gold, and Platinum Standard plans for no deductibles.

All plans cover diagnosis, testing, and treatment for COVID-19 at no cost to patient (no copayment, no coinsurance, no deductible).



# LEAF COLLECTION UPDATE

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**The Department of Public Works will vacuum leaves this season, and residents will no longer need to bag their leaves.**

Starting today, residents are asked to rake their leaves to the curb or into the tree box at the front of their residence.

Residents who may have already received the District-provided paper bags should keep them and use them for yard waste or other needs. Residents who choose to bag their leaves are reminded that they will be collected on their scheduled leaf collection day.

Collections will still occur twice in each neighborhood, this year between November 9, 2020 and January 30, 2021.



Find the leaf collection schedule and more information at:  
[dpw.dc.gov/service/leaf-collection](https://dpw.dc.gov/service/leaf-collection)