CORONAVIRUS
(COVID-19)
Situational Update
Wednesday, October 14, 2020
CORONAVIRUS.DC.GOV
Nearly 97% of DC residents are insured.

100,000 people are covered by private health insurance through DC Health Link.

- **80,000** employees and dependents covered by District small businesses and nonprofits
  - **5,100+** District employers covered
  - **11,000** Congress Members and designated staff in district offices and on the Hill
- **17,000** residents covered through the individual market
Anyone who needs insurance can enroll and coverage can start immediately. Just select COVID-19 as a qualifying event.

During the pandemic, we’ve made it even easier to get insured.

Small businesses and nonprofits that can’t afford to contribute to an employee premium can still sign up.

There are no late fees or interest for late payment of premiums for employers covered through DC Health Link.

Neither residents nor businesses will have coverage terminated for non-payment.
Window shop from October 15 to October 31:
Review 2021 health plans and rates before open enrollment begins on November 1.

2021 premiums are lower than 2020 premiums for 15 of 25 plans.

No deductibles for primary care, specialists, mental and behavioral health, urgent care, and generic Rx.
Shop Bronze, Silver, Gold, and Platinum Standard plans for no deductibles.

All plans cover diagnosis, testing, and treatment for COVID-19 at no cost to patient (no copayment, no coinsurance, no deductible).
Health plans that fit all budgets:

163 health plans in the small group market
(United Healthcare, Aetna, Kaiser, and CareFirst BlueCross BlueShield)

25 health plans in the individual market
(Kaiser and CareFirst)
GET COVERED.
STAY COVERED.

Learn more at DCHealthLink.com
To make it even more convenient to get a flu shot, DC Health has partnered with CVS Pharmacy and Walgreens to provide flu vaccines at the public testing sites.

No registration is required, but bring your insurance card and a government issued ID.

Walgreens provides flu shots at the F Street testing site, Monday through Friday from 9:00 a.m. to 1:00 p.m.

CVS Pharmacy provides flu shots at three firehouse testing sites, on Tuesdays and Thursdays from 3:00 p.m. to 7:00 p.m.

- Engine 8, 1520 C Street, SE
- Engine 30, 50 49th Street, NE
- Engine 33, 101 Atlantic Street, SE

Individuals age 12 and up can get a flu shot at these sites. The CDC recommends everyone six months or older get a flu vaccine. It is recommended that you wear a t-shirt when going to get a flu shot.

Flu shots are safe and do not cause flu illness. Learn more at dchealth.dc.gov/flu
Breast Cancer Awareness Month

October is Breast Cancer Awareness Month

Breast cancer is the most diagnosed cancer in District women.

Talk to your doctor about your risk and about screenings for breast cancer.

The District provides free breast and cervical cancer screening and diagnostic follow-up for eligible women through Project Women Into Staying Healthy (WISH). Project WISH also provides patient navigation, transportation assistance, and cancer education.

Learn more at dchealth.dc.gov/service/project-wish
### Where We Are Today

#### Level of Community Spread

<table>
<thead>
<tr>
<th>Category</th>
<th>Metric</th>
<th>Value</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily case rate</td>
<td>7-day avg. per 100,000 pop.</td>
<td>8.8</td>
<td>(Oct 12)</td>
</tr>
<tr>
<td>Rate of transmission</td>
<td>Effective reproduction number (R(t))</td>
<td>1.2</td>
<td>(Oct 2)</td>
</tr>
<tr>
<td>Test positivity rate</td>
<td>Percent positive from RT-PCR tests</td>
<td>2.0%</td>
<td>(Oct 10)</td>
</tr>
<tr>
<td>New cases from quarantined contacts</td>
<td>7-day average</td>
<td>10.3%</td>
<td>(Oct 10)</td>
</tr>
</tbody>
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#### Health System Capacity

<table>
<thead>
<tr>
<th>Category</th>
<th>Metric</th>
<th>Value</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent hospital utilization</td>
<td>of available beds without surge</td>
<td>80.4%</td>
<td>(Oct 12)</td>
</tr>
<tr>
<td>Percent COVID-19 patients</td>
<td>of daily hospital census, 7-day average</td>
<td>4.6%</td>
<td>(Oct 12)</td>
</tr>
<tr>
<td>Mean test turnaround time</td>
<td>7-day average</td>
<td>2.9</td>
<td>(Oct 12)</td>
</tr>
<tr>
<td>Diagnostic tests conducted</td>
<td>7-day avg. per million pop.</td>
<td>5,780</td>
<td>(Oct 10)</td>
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#### Public Health System Capacity

<table>
<thead>
<tr>
<th>Category</th>
<th>Metric</th>
<th>Value</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive cases with contact attempt</td>
<td>7-day avg. attempt within 1 day</td>
<td>99.4%</td>
<td>(Oct 11)</td>
</tr>
<tr>
<td>Close contacts with contact attempt</td>
<td>7-day avg. attempt within 2 days</td>
<td>96.9%</td>
<td>(Oct 10)</td>
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</table>

#### Community Engagement

<table>
<thead>
<tr>
<th>Category</th>
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<th>Value</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive cases interviewed</td>
<td>7-day avg. completed within 3 days</td>
<td>73.1%</td>
<td>(Oct 10)</td>
</tr>
<tr>
<td>Positive cases who provide close contacts</td>
<td>7-day avg.</td>
<td>45.8%</td>
<td>(Oct 10)</td>
</tr>
<tr>
<td>Mean number close contacts provided</td>
<td>7-day avg. mean per positive case</td>
<td>1.3</td>
<td>(Oct 10)</td>
</tr>
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</table>
Trends in Select Activity Types during the Exposure Period

Percent of Positive Cases Reporting Select High to Moderate Exposure Activity Types* During the 2 Weeks Before Symptoms/Test Date
Week of Oct 2 - Oct 8, 2020

*Select activity types include travel, work, restaurant or bar, and social events.

Source: DC Health
Note: Data are subject to change. Possible exposure data are collected through contact tracing interviews as self-reported activities occurring within the 2-week period before the date of symptom onset for symptomatic individuals or the date of the test sample collection for asymptomatic individuals. Activity types are not exhaustive and include travel, restaurant/bars, social events, and work.
PROTECT YOURSELF.
PROTECT YOUR FRIENDS AND FAMILY.
PROTECT DC.
Choose your activities wisely.

Just because you can go doesn’t mean you should go.
Wear a mask (over your mouth and nose).

- When you leave home or when visitors come in your home
- At work
- Hanging out with friends
- Visiting family who doesn’t live with you
Avoid crowds and groups of people. Always keep at least six feet of space between yourself and other people.

Remember:

- Masks don’t replace social distancing
- Outdoors is better than indoors, but COVID-19 can still spread outside
Practice good hygiene.

Wash your hands frequently and avoid touching your face with unwashed hands.
Do not go to gatherings, work, or any other activities if you feel sick. Call you doctor, get a COVID-19 test, and stay home while you wait for your results.
Do Your Part, DC

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